

Episode 22

Best Practices

Cyber Essentials: Common Cyber Threats Explained with IASME



Most Attacks are Still Basic

Phishing, weak passwords, and unpatched systems still open the door.



Supply Chain Risk is Real

OT testing needs careful planning. One mistake can cause real-world disruption.



Certification Stops 80% of Attacks

Five basic controls were designed to block real attacks.



Testing Proves Protection

Cyber Essentials Plus checks controls are really working.